



THE HUMAN DOUBLE(S)

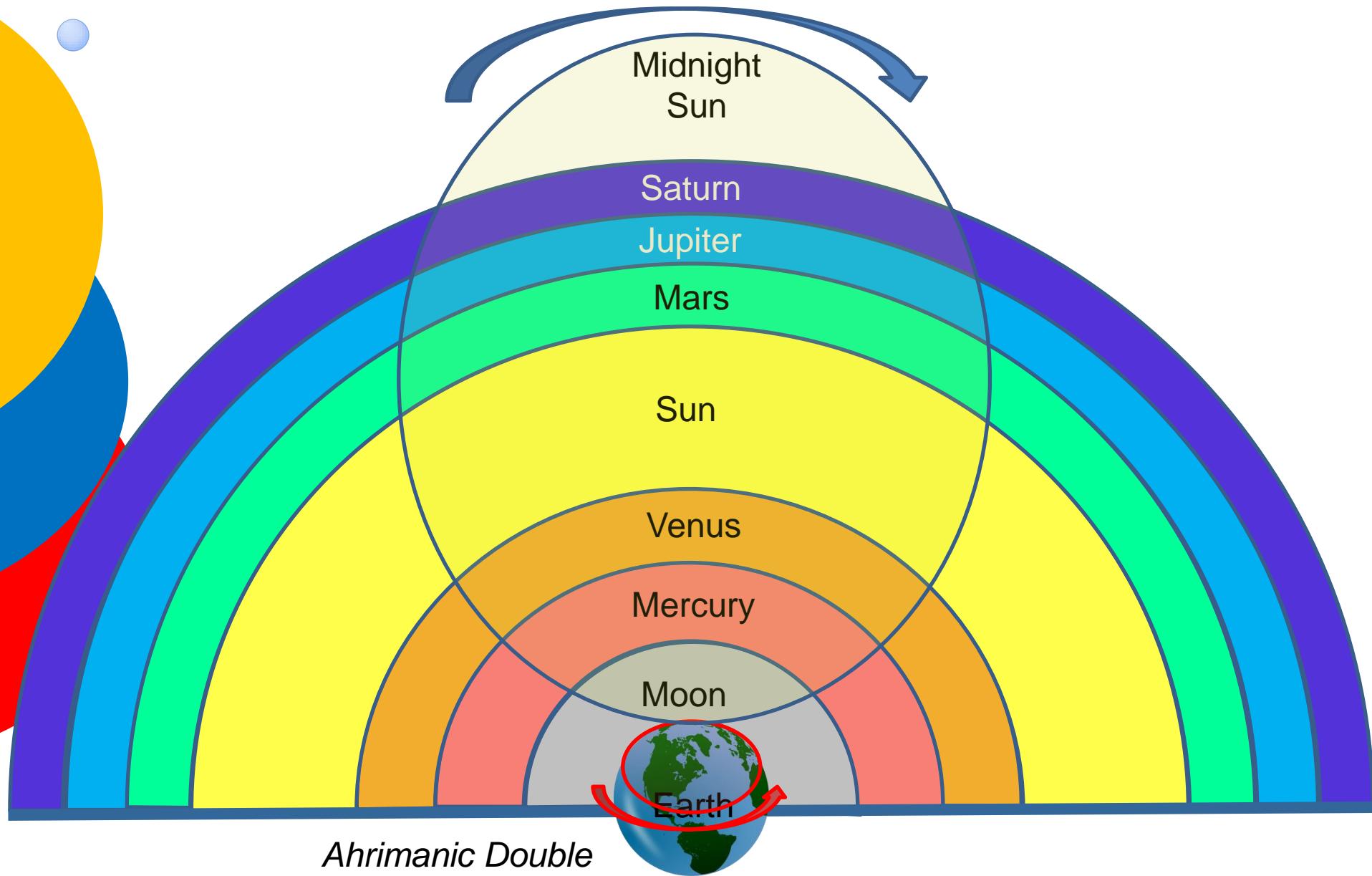
And Morality

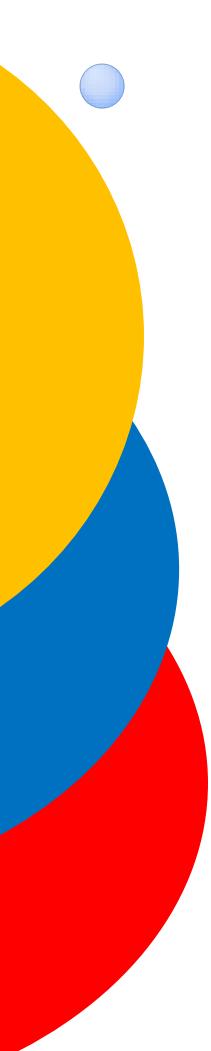


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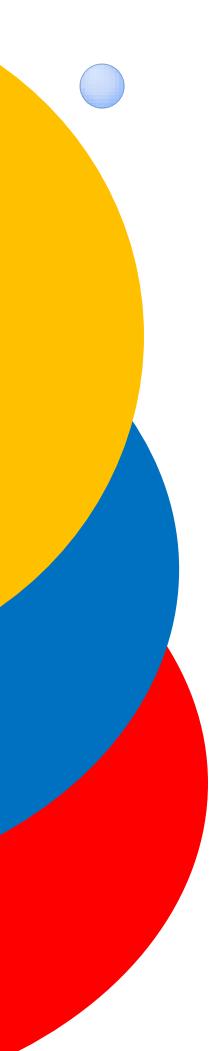
THE DOUBLE AS GUARDIAN

- “After the student of the spiritual has encountered the “**guardian of the threshold**,” further experiences await him as he ascends into supersensible worlds. First he will notice that an inner relationship exists between this “guardian of the threshold” and the soul-power that, in the above description, has resulted as the seventh, and has shaped itself into an independent principle. Indeed, this **seventh principle** is in a certain regard nothing else but the **Doppelganger**, the “guardian of the threshold” himself, and this principle sets the student of the spiritual a special task. He has to direct and lead with his newborn self what he is in his ordinary self and which appears to him in an image. A sort of **battle** against the Doppelganger will result. The latter will constantly strive for supremacy. To establish the right relationship to this Doppelganger and **not permit him to do anything that is not under the influence of the newborn ego strengthens and fortifies man's powers.**”— Rudolf Steiner, *An Outline of Occult Science*, V, Cognition of the Higher Worlds (part 9)



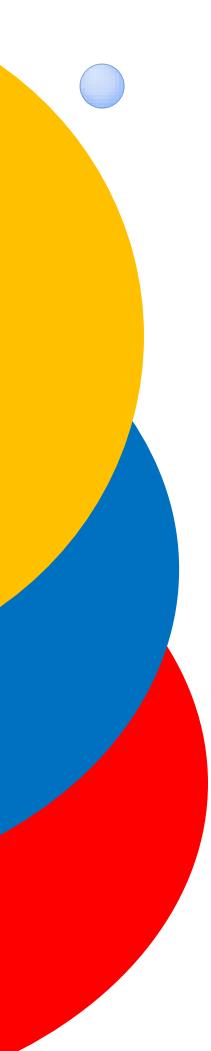
THE DOUBLE AS GUARDIAN

- “In the higher world, self-knowledge is different, in a certain respect, from self-knowledge in the physical-sensory world. Whereas in the physical-sensory world self-knowledge appears only as an inner experience, the newborn self presents itself at once as an outer soul phenomenon. Man beholds his newborn self as another being standing before him, but he cannot perceive it completely. For whatever stage he may have reached upon the way into the supersensible worlds, there are always still higher stages. At these stages he will perceive ever more and more of his “higher self.” This “higher self” can thus only partially reveal itself to the student of the spiritual at any of these stages. The temptation is extremely great which overtakes the human being when he first becomes aware of some aspect of his “higher self,” to observe this “higher self,” so to speak, from the standpoint he has gained in the physical-sensory world. This temptation is even good and it must appear, if development is to proceed in the right way. We must observe what appears in the Doppelganger, the “guardian of the threshold,” and place it before the “higher self” in order to note the contrast between what we are and what we are to become. Through this observation the “guardian of the threshold” begins to take on quite a different form. He presents himself as an image of all the hindrances that the development of the higher self must encounter.” – Rudolf Steiner, *An Outline of Occult Science*, V, Cognition of the Higher Worlds (part 9)



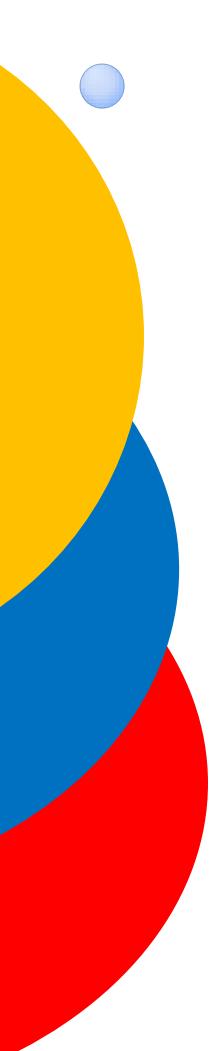
THE LUCIFERIC DOUBLE

- If an esoteric does his exercises [can awaken] a doppelganger
 - Who is that? And what does he want?
- The good Gods have ‘hired’ certain Luciferic spirits to keep the qualities of men that don’t belong in their world out of it
 - One of them is Samael, who counteracts our hate and envy via feverishness
- Double becomes active if an esoteric hasn’t overcome a certain untruthfulness that we’re all guilty of
 - We often think that enthusiasm is driving us into spiritual worlds, whereas we only want to wallow in the enjoyment of the feeling that results from occupying oneself with such things
- The Luciferic being who causes this is Azazel
 - Hinders us from entering the spiritual until we’re rid of all lies
 - *Esoteric Lessons*, Part II, Munich, 19Nov1911, GA 266



THE LUCIFERIC DOUBLE

- “And what's the other unavoidable experience one has by faithfully doing the exercises? It's a splitting of the personality.
- A man will begin to feel as if something was accompanying him, something that thinks and hears with him and even speaks with him if he's inwardly weak.
- It's a second ego that emerges, a doppelganger that one has placed outside one.
- The more seriously someone treads the esoteric path, the more of his old man he places outside him, that is, he sheds one skin after another like a snake. These skins become like a second body, a doppelganger who never leaves one again for the rest of one's life.
- In the old Egyptian mysteries someone who had placed his double outside him was called a kha man. The double is chained to the kha man to constantly remind him what he was or still is.
- He should constantly feel this presence, otherwise things would get dangerous, and because of his many, high ideals and intentions, he would forget what his inner life and defects are. Under certain circumstances it could even endanger a high initiate's life if in spite of his high striving he would forget this double for even a moment.
- The more the double appears the better it is for our development, for otherwise, we would be living under great delusions about ourself.”
 - Esoteric Lessons, Part II, Hannover, 31Dec1911, GA 266

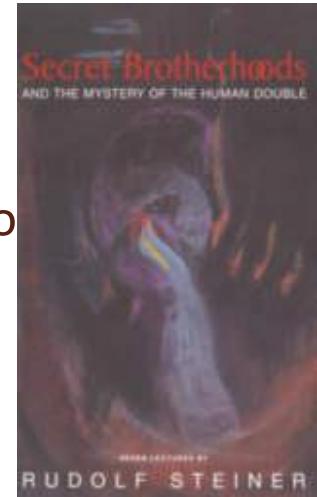


THE LUCIFERIC DOUBLE

- “When one gets further on the occult path through meditation and concentration, one gets to know one's doppelganger to whom one is chained.” – *Esoteric Lessons*, Part II, Berlin, 6Jan1912, GA 266

THE AHRIMANIC DOUBLE

- So, we arrive in this world with the garment of our organism without being able to reach down into it with our soul to any great extent. Instead, shortly before we are born, not very long before we are born, there is also an opportunity for another spiritual being, apart from our soul, to take possession of our body, namely, of the subconscious part of our body. This is a fact. Shortly before we are born another being indwells us; in the terminology we use today we would call this an ahrimanic being. It is just as much in us as is our own soul. [page 56, 57]

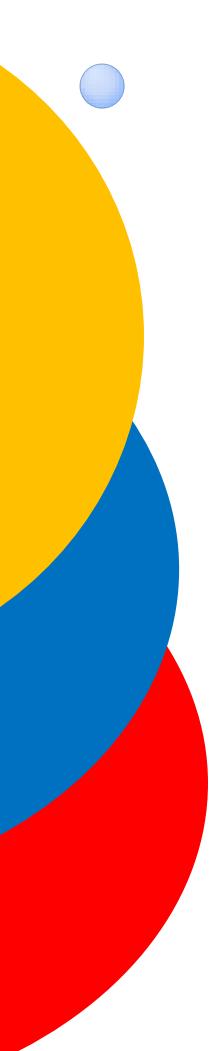




DEALING WITH OUR DOUBLE

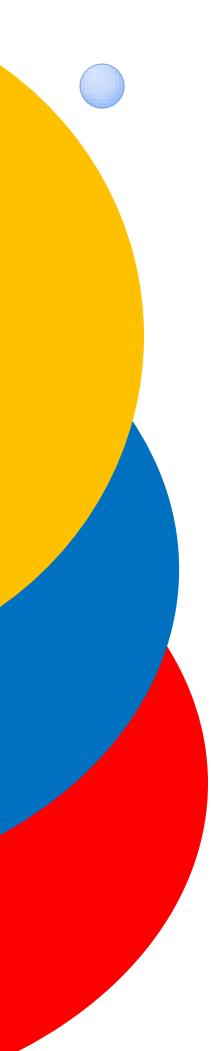
- Shortly before we are born **another being indwells us**; in the terminology we use today we would call this an ahrimanic being. It is just as much in us as is our own soul. [page 56, 57] (*this is our Ahrimanic Double*)
- How will we learn to **convert evil into good**? We will need a lot of help, and that help will come from an ever-present source of spiritual power that we have at our disposal: **we have only to ask for it!** [pg. 163]
- But something even more significant will occur for the development of the fifth post-Atlantean period when human souls recognize that **in Christ they have the I-helper they need** to transform the forces of evil into good. [pg. 165]

Note: no discussion of fairness!



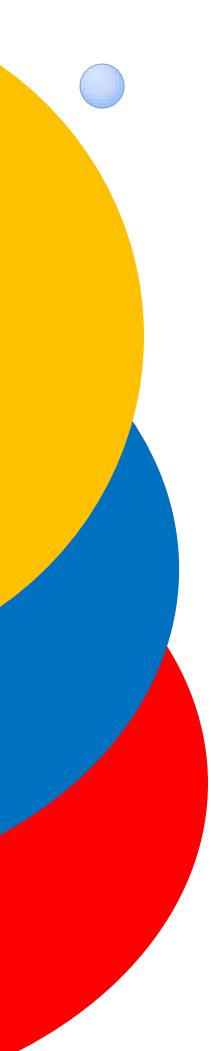
INTELLIGENCE & THE AHRIMANIC DOUBLE

- These beings lead their lives by making use of human beings to enable them to inhabit the sphere in which they wish to dwell. They have an exceptionally high degree of intelligence and a very significantly developed will, but no qualities of soul, nothing like what we would call the human qualities of soul and heart and mind. So we proceed through our life while having our soul and also a double who is far cleverer, far cleverer than we are, very intelligent, but with a Mephistophelian intelligence, an ahrimanic intelligence, and in addition also an ahrimanic will, a very strong will, a will that is much more akin to the forces of nature than it is to our human will which is ruled by our heart and mind. [page 56, 57]



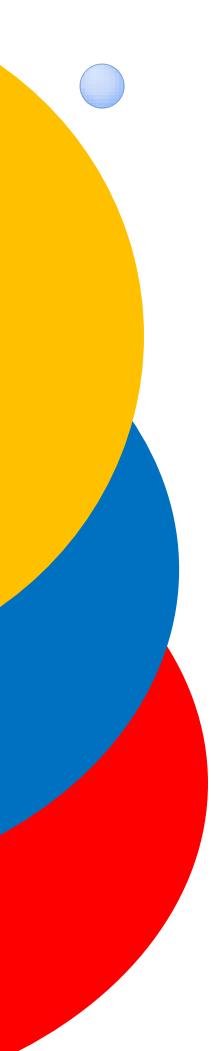
THINKING WITHIN ONE'S ETHERIC BODY

- This is the supersensible body of the human being which is active throughout our whole life from birth, or one should say from conception, right up to our physical death.
- It is also the bearer of our memories, and as a supersensible being it is linked to a supersensible world that is external to it.
- Thus our physical life with its ordinary consciousness is like an island. Around this island and imbuing it lies what links our body of formative forces with the supersensible world by which this body, in its turn, is surrounded.
- We then see that our world of inner pictures and thoughts, just as I have described it, while being connected to our physical brain that provides it with a firm ground to stand on, is in fact carried by the body of formative forces. This is the **bearer** of our thinking, and our thoughts are formed within this body of formative forces, so that in the activity of thinking the human being lives within this body of formative forces. -- *Secret Brotherhoods and the Mystery of the Human Double*, GA178 [activity by soul body on etheric body]



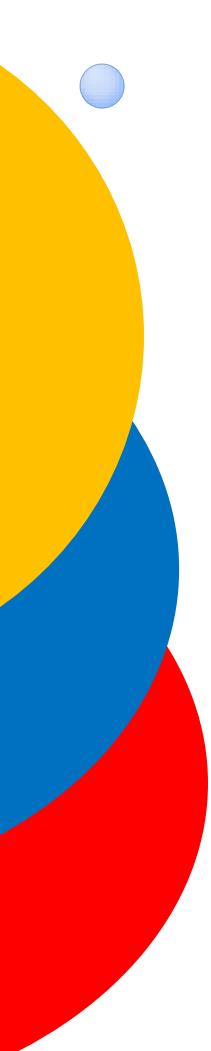
COUNTER FOR THE DOUBLE

- If the Mystery of Golgotha had not taken place, if Christ had not passed through the Mystery of Golgotha, these beings would long since have gained the ability on earth to remain in the human body after a karmically predetermined death. They would then have gained control over human evolution on earth and would have become the masters of this human evolution on the earth. [page 58]



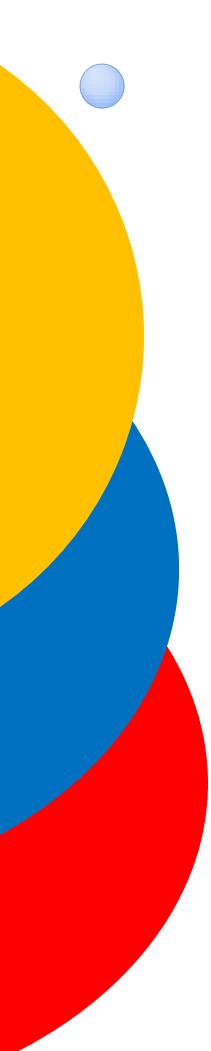
DEATH AND THE DOUBLE

- Everything we experience here, including what lies beneath the threshold of consciousness, is needed by us after death when we have to look back to this life and in this looking back must comprehend it, for being unable to do this is the worst thing that can happen to us. But our concepts for understanding this life as we look back over it are insufficient if we cannot throw light on a being who plays such a part in our life as does this ahrimanic being who takes possession of us before birth and is ever-present as a feature of our subconscious. Our concepts for understanding this life are insufficient if we cannot throw light on these things; for wisdom is transformed into light after we die. [page 58, 59]



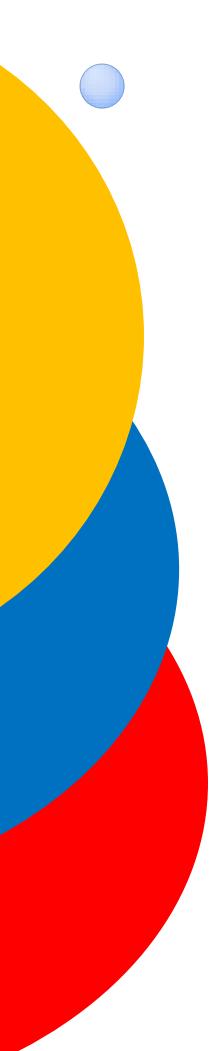
THE DOUBLE AND DISEASES

- Something is opening up here which will in future definitely have to be pursued if humanity is not to meet with endless hindrances, endless frightful happenings. This double of whom I have been speaking is neither more nor less than the originator of all physical diseases that arise spontaneously from within, and to know this being fully is what is meant by organic medicine. Diseases that come spontaneously from within, not those caused by external injuries, do not come from the soul but from this being who is the originator of all organic diseases that arise spontaneously from within. This being is the originator of all organic diseases, while his brother, whose nature is luciferic, rather than ahrimanic, is the originator of all neuro-psychological and neurotic diseases, all diseases which are not really diseases at all but merely, as one says, nervous diseases, hysterical diseases and so on. [page 60]



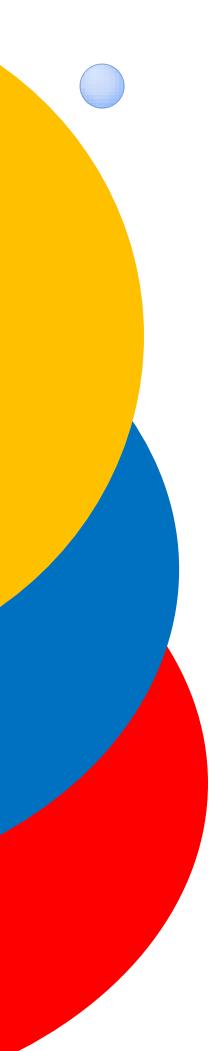
THE DOUBLE AND AMERICA

- During the centuries preceding the fourteenth century people had to be protected against the double. The double had to disappear from people's view and has only been permitted to reappear now in our age when human beings must bring order into their relationship with it. For the double to disappear from people's view a very significant arrangement had to be carried out which it was only possible to set in train in the following way. Gradually from the ninth, the tenth century onwards the situation was created in Europe that caused Europeans to lose a certain contact which they had previously had, a contact that had been important for people of an earlier time, during the seventh, the sixth post-Christian centuries. Beginning from the ninth century and reaching a culmination in the twelfth all traffic with America, such as was possible with the ships of the time, was discontinued. [page 64]



THE DOUBLE AND AMERICA

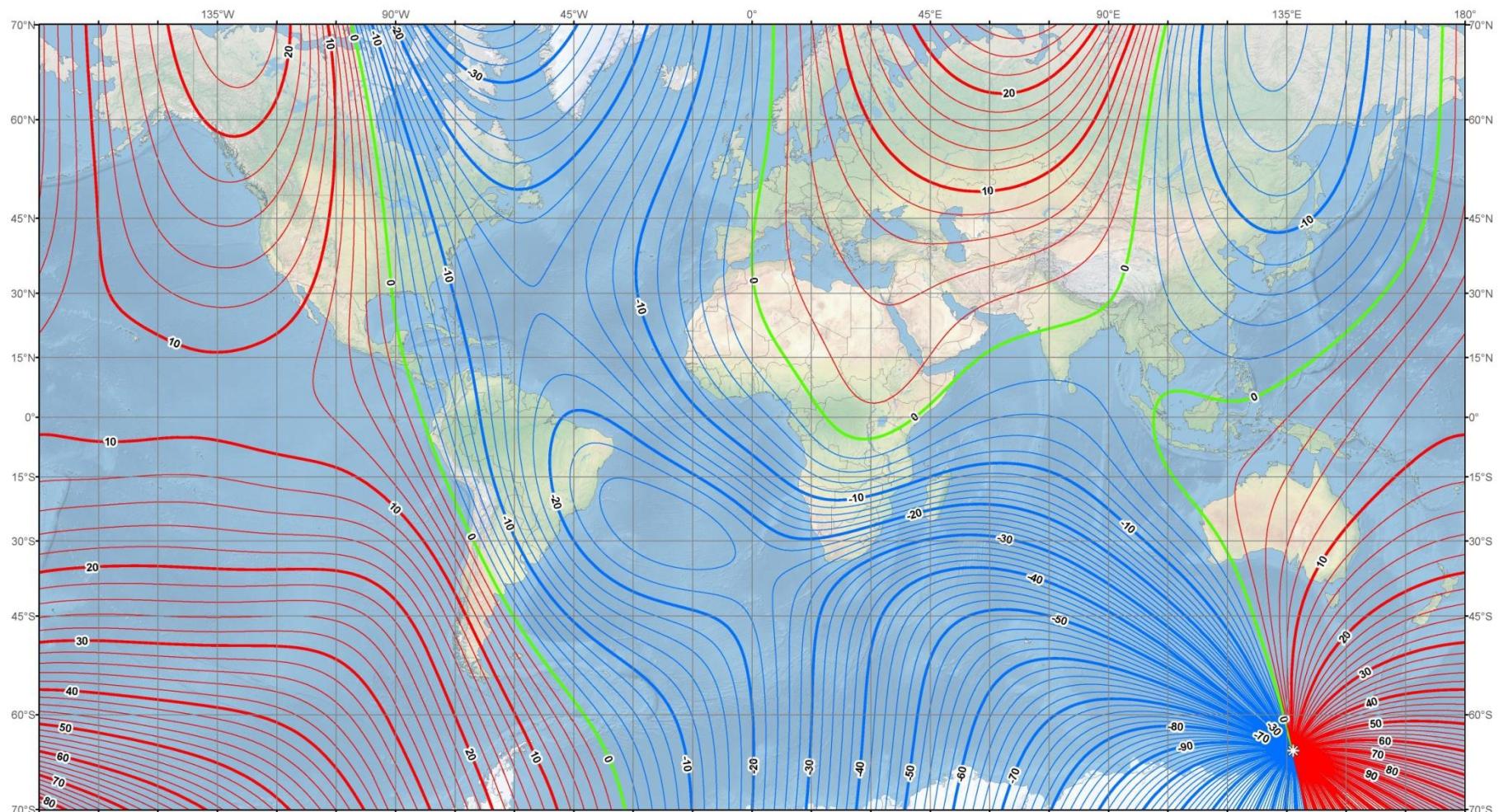
- People knew about the region in America where especially those magnetic forces rise up which bring human beings into a relationship with the double. The most noticeable relations with the double emanate from that part of the earth which is covered by the American continent. And in those early centuries people sailed in Norwegian boats to America where they then studied diseases. Coming from Europe, people went to America to study the diseases caused by the earth's magnetism. That is where we can find the mysterious origin of ancient European medicine. That is where it was possible to observe the course of diseases, which would not have been possible in Europe where people were more susceptible to the influences of the double. [page 65]



MAGNETISM & THE AHRIMANIC DOUBLE

- Introducing the Antichrist instead of the Christ have endeavored to exploit what could work especially through the most materialistic forces, yet working spiritually with these materialistic forces. Above all they strive to exploit electricity and especially the earth's magnetism to have influence over the entire earth.
- I have shown you how, in what I have called the human double, earthly forces arise. This mystery will be penetrated. It will be an American mystery to make use of the magnetism of the earth in its “doubleness,” to make use of the magnetism in North and South to send guiding forces that work spiritually across the earth.
- Look at the magnetic map of the earth and compare it with what I am now saying. Observe the course of the line where the magnetic needle swings to East and West and where it does not swing at all. (I can only give indications at this time.)
- From a certain celestial direction, spiritual beings are constantly at work. One need only put these spiritual beings at the service of earthly existence and, because these spiritual beings working in from the cosmos are able to transmit the mystery of the earth's magnetism, one can penetrate the mystery of the earth's magnetism and can bring about something very significant of a group-egotistical nature in relation to the three things, gold, health, and prolonging life. It will simply be a matter of mustering the doubtful courage for these things. This will certainly be done within certain circles!

TRUE NORTH AND MAGNETIC NORTH



Main field declination (D)

Contour interval: 2 degrees, red contours positive (east); blue negative (west); green (agonic) zero line.

Mercator Projection.

$\frac{dN}{dP}$: Position of dip poles

Map developed by NOAA/NGDC & CIRES

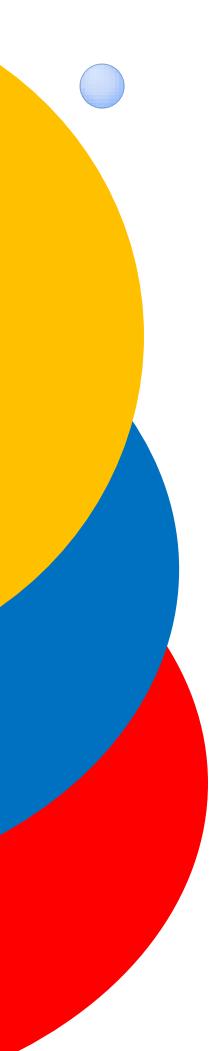
<http://ngdc.noaa.gov/geomag/WMM>

Map reviewed by NGA and BGS

Published December 2014

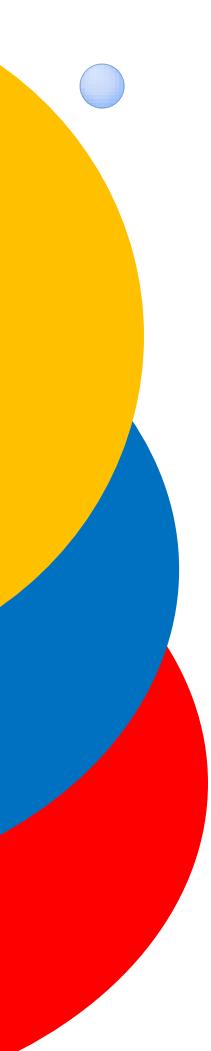
MAGNETISM

- Earth's magnetic field protects it from damaging cosmic rays, owing its flourishing life to the existence of the geomagnetic field.
- This field has changed over time
 - <http://www.space.com/35745-earth-magnetic-field-spike-ancient-times.html>



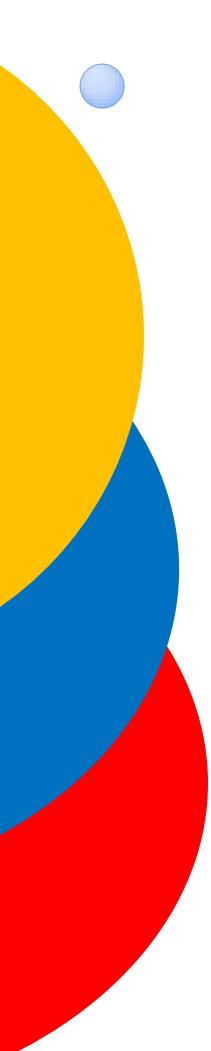
EVIL AND OUR TIMES

- I have given a general description of the task of the fifth post-Atlantean period by saying that it will be up to humanity during this period to come to grips with evil as an impulse in world evolution. We have talked variously about what this means.
- It is essential that the forces which manifest as evil if they appear at the wrong place must be taken in hand by human endeavor in the fifth post-Atlantean period in such a way that humanity can achieve something with these forces of evil that will be beneficial for the future of the whole of world evolution.
- Because of this the task of this fifth post-Atlantean period is an especially difficult one. [page 162, 163]



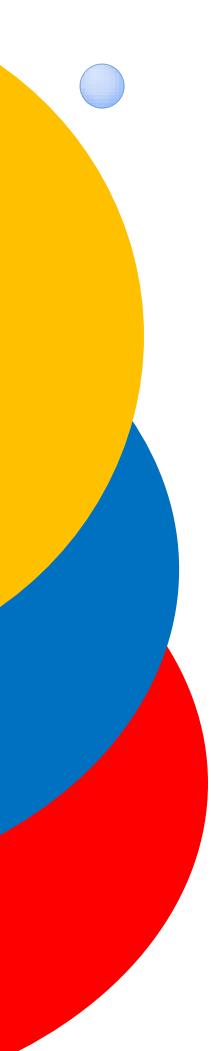
THE DOUBLE AND THE 5TH PA PERIOD

- Evil is a good arriving out of its time. When such a good out of its time arrives on Earth, we are exhorted by Steiner to take this good and find ways to apply it in proper ways for this time. This can only be done by someone who is fully conscious of the nature of the good which is arriving out of its time.



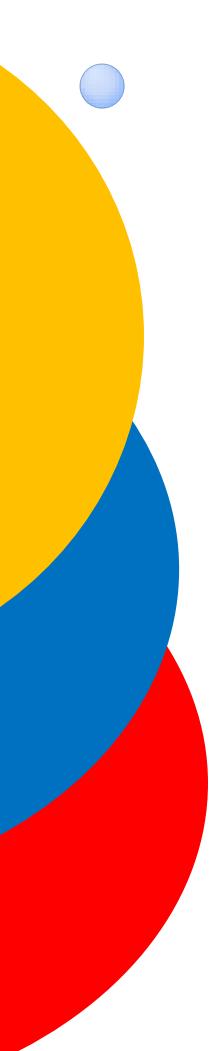
THE DOUBLE AND THE 5TH PA PERIOD

- When little by little the powers of evil make their appearance, human beings may naturally be much more inclined to give in to this evil in every field instead of taking up the fight to bring what seems evil to them into the service of world evolution in the sense of what is good. Yet this is what must come about: to a certain degree evil must be placed at the service of world evolution in the good sense. Failing this it will be impossible to enter into the sixth post-Atlantean period, which will have an entirely different task. Although human beings will still be linked with the earth, the task will be to enable them to look continuously into the spiritual world and live in spiritual impulses. [page 163]



THE DOUBLE AND THE 5TH PA PERIOD

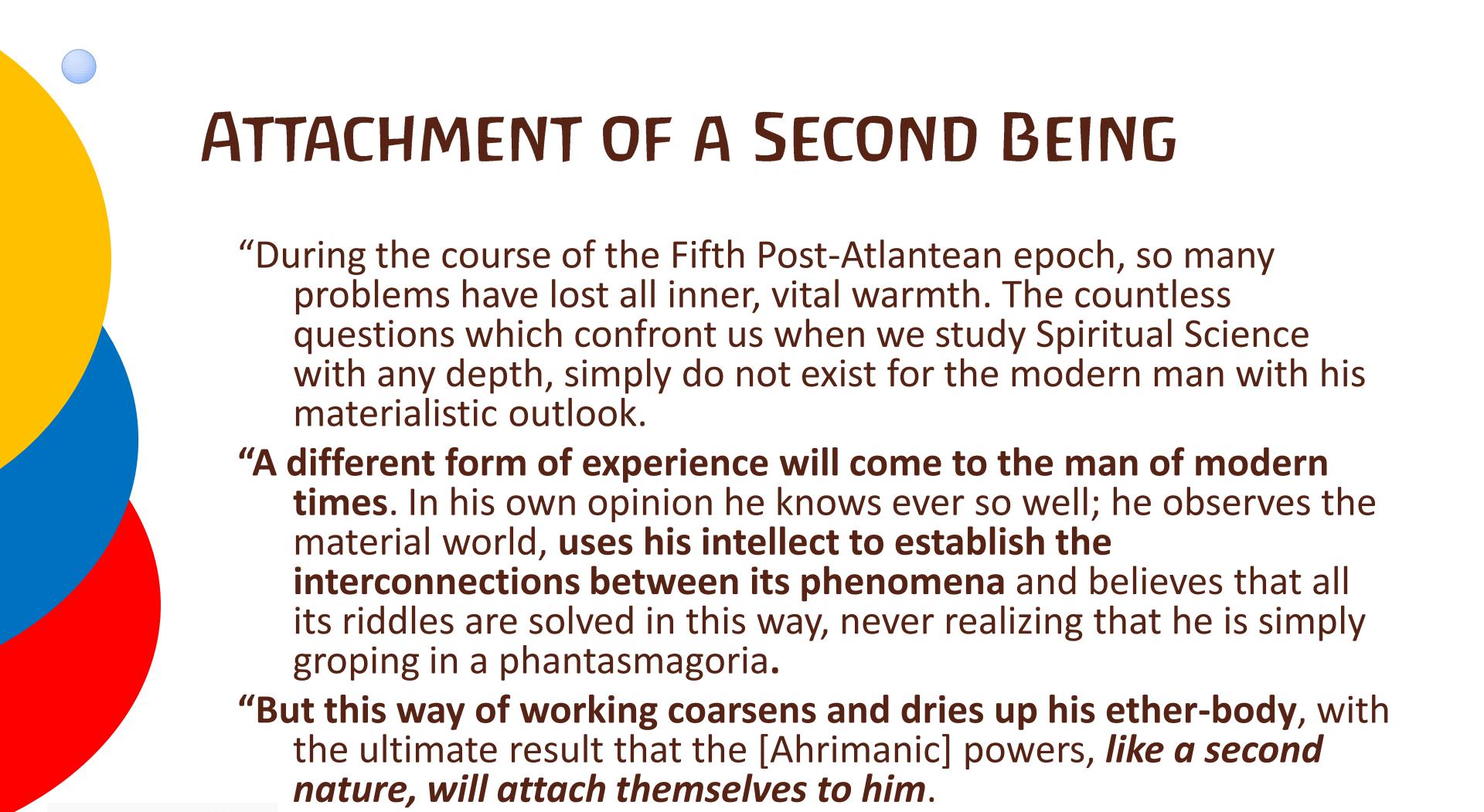
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- But something even more significant will occur for the development of the fifth post-Atlantean period when human souls recognize that in Christ they have the I helper they need to transform the forces of evil into good. [pg. 165]

ATTACHMENT OF A SECOND BEING



“During the course of the Fifth Post-Atlantean epoch, so many problems have lost all inner, vital warmth. The countless questions which confront us when we study Spiritual Science with any depth, simply do not exist for the modern man with his materialistic outlook.

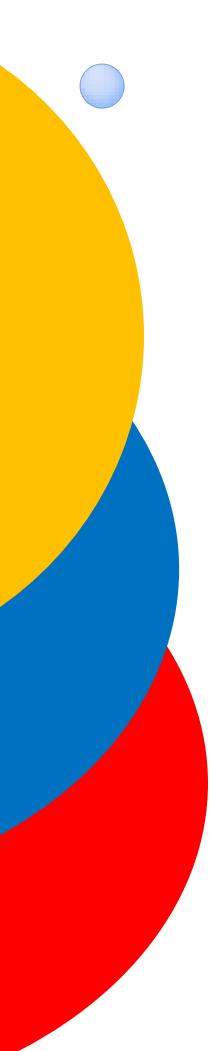
“A different form of experience will come to the man of modern times. In his own opinion he knows ever so well; he observes the material world, **uses his intellect to establish the interconnections between its phenomena** and believes that all its riddles are solved in this way, never realizing that he is simply groping in a phantasmagoria.

“But this way of working coarsens and dries up his ether-body, with the ultimate result that the [Ahrimanic] powers, ***like a second nature, will attach themselves to him.***

The Balance in the World and Man, Lucifer and Ahriman, Rudolf Steiner

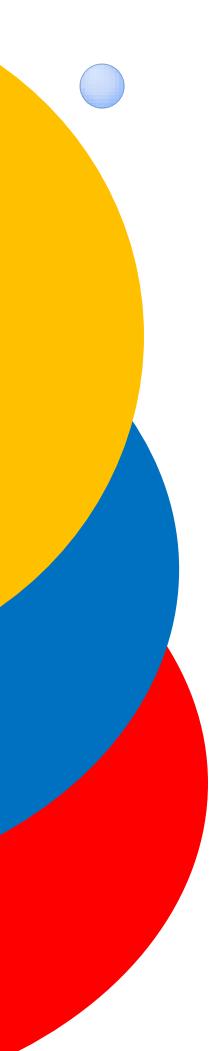


Note similarity to Angel as a second being and to the Double



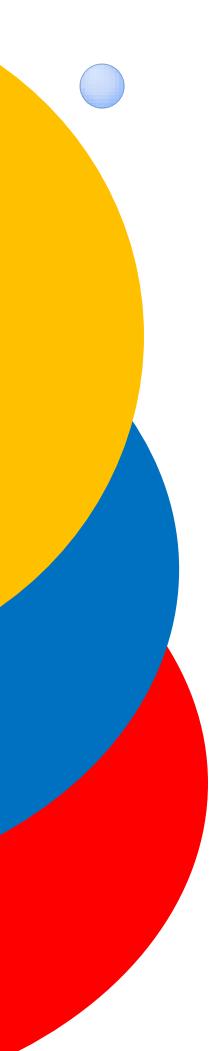
WRONG POLARITY THROUGH GEMINI

- “These forces, however, will be left aside by those who try to achieve their whole purpose through the polaric duality of positive and negative forces.
- The forces which enable the spiritual to stream down to earth with the aid of positive and negative magnetism come from Gemini; they are the **midday forces**.
- In ancient times it was known that cosmic influences were involved in this, and to-day even exoteric scientists are aware that in some or other way **positive and negative magnetism** lie behind Gemini in the Zodiac.
- The aim will be to paralyze all that could be gained through a revelation of the true duality in the cosmos — to paralyze it in a materialistic, egotistic way by means of the forces which stream in particularly from Gemini and can be placed entirely at the service of the **human “Double.”** — *The Wrong and Right Use of Esoteric Knowledge*, lecture 3, 25Nov1917, Dornach, GA 178



THE DOUBLE(S) IN US

- The **Luciferic** element allowed to take root in the **thinking**, inasmuch as it is connected to the **Astral** body and the **Astral realm** of angels, creates a beast or double of 'Doubt'. **Doubt** in spiritual things prevents humanity from creatively working in knowledge and leads to fantasy and illusion.
- The **Ahrimanic** element allowed to take root in the **feeling** inasmuch as it is connected to the **Etheric** body and lower **Devachanic realm** of the Archangels creates a 'beast' or double of **Hatred**, which prevents human beings from working in love towards spiritual ends, this leaves the soul hollow.
- The **Asuric** element in our **will** inasmuch as it is connected to the **physical** body and therefore the **Higher Devachanic** realm of the Archai leads to the creation of a beast or double of **Fear** or cowardice when it comes to the creative spiritual 'being', which leaves human beings vulnerable to attacks from earthly forces.



DISCUSSION: THE HUMAN DOUBLE

- Two goats brought to the temple (Bible)
 1. Sacrificial
 2. Scapegoat (the one released, not slaughtered)
- What happens when you approach death?
- When you approach your holy of the holies?
 - What does Parzifal do before entering the Grail Castle?

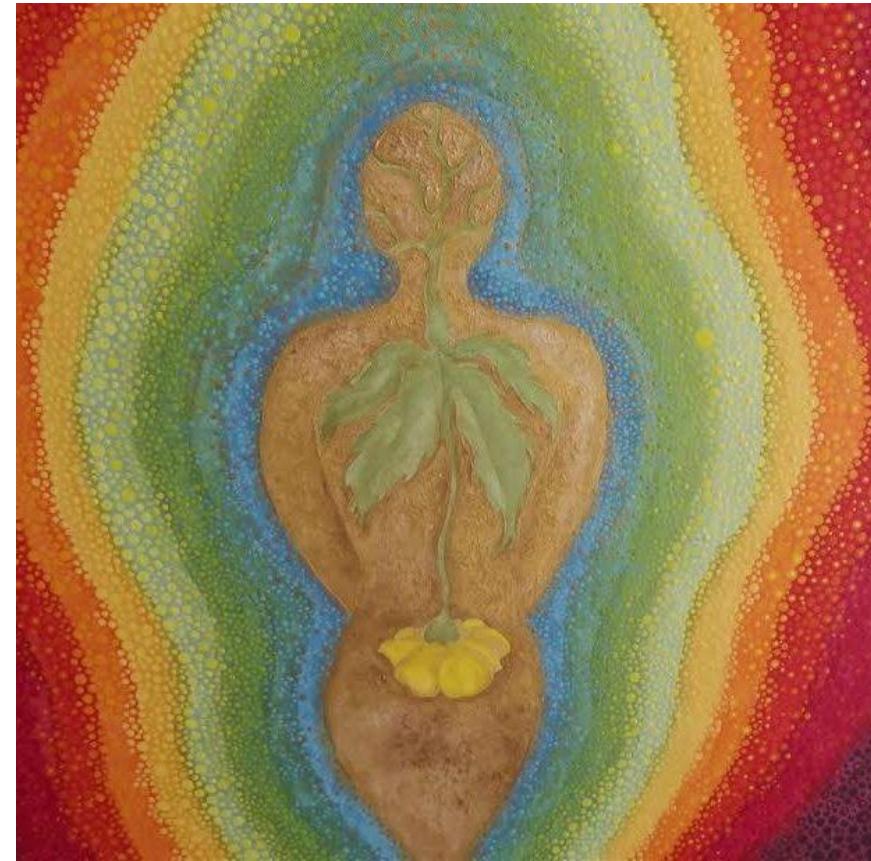
MEDITATION

*Esoteric Lessons Part II: Berlin,
24 Oct 1911*

*In the spirit lay the germ of my body.
And the spirit has imprinted in my body
The eyes of sense,
That through them I may see
The lights of bodies.
And the spirit has imprinted in my body
Reason and sensation
And feeling and will,
That through them I may perceive bodies
And act upon them.*

*In the spirit lay the germ of my body.
In my body lies the germ of the spirit.
And I will incorporate into my spirit
The super-sensible eyes
That through them I may behold the light of spirits.
And I will imprint in my spirit
Wisdom and power and love,
So that through me the spirits may act
And I become a self-conscious organ
Of their deeds.*

In my body lies the germ of the spirit.



Painting by Chris Manvell, 2015